

Sweet Home Emergency Ministries

Phone: 541-367-6504
Address: 1115 Long Street (next
to SH Fire Department)

SHEM Food Pantry Hours
Tue/Wed/Sat, 9am -11:30*

**Applications for Food Boxes
can't be accepted after 11:30 am.*

**** SHEM is CLOSED the 2nd
Saturday of each month****

“Manna” Free Meal

SHEM sponsors a free meal
program on Tue/Wed/Fri nights at 5
pm at the United Methodist Church
(845 6th Ave) in Sweet Home. All
are welcome! For more information
call 541-367-3073.

**Non-Discriminatory
Statement** “This institution is an
equal opportunity provider.”



10/5/2021

Available Services

Emergency Food Box

One box per month is allowed,
which supplies up to 5 days of
food for each person in the
household.

Carmen's Closet

Offers free clothing, shoes &
small houseware items to clients.

Emergency Blankets

“Manna” Free Meal

Tue/Wed/Fri at 5 pm at the United
Methodist Church (845 6th Ave.)

Financial Assistance

Clients may access financial
assistance only once during a 12-
month period and only 3 times
during client's lifetime.

- * Rent Assistance with 72 hr.
Notice or Eviction Notice
- *Utility Shut-Off Notices
- *Propane Voucher
- *Emergency Shelter
- * ID/Driver's License
- *Prescriptions (limited)
- *Gas Voucher for out of town
doctor visits

Mission Statement

To compassionately serve the
needs of the hungry in Sweet Home
by providing food, information and
supportive services in an efficient
manner through caring community
partnerships.”

SHEM Statistics: From 1/1/2010 –
12/31/2020, **SHEM** prepared &
distributed 35,261 emergency food
boxes, providing 127,081 people
with enough food for 5 days. Manna,
the off-site soup kitchen served
103,941 hot meals for the hungry in
Sweet Home.

SHEM is a partner agency of the
Oregon Foodbank Network and the
Linn Benton Food Share. Since
1980, SHEM has provided for the
needs of the hungry and families in
crisis situations. It is supported and
operated by the cooperative efforts
of caring volunteers, churches, local
businesses and civic organizations.
SHEM is a 501 (c) 3 non-profit
agency and receives grant funding
and resources from local churches,
organizations and businesses, as
well as private donations.



How Can I Help SHEM?

Your donations of \$\$ dollars and the items listed below are greatly appreciated! You may drop them off during SHEM's open hours.

SHEM can always use the following items!

Paper Products	Hygiene Items
Laundry Soap	Hand Soap
Cereal	School Supplies
Juice	Peanut Butter
Tuna	Chili
Soup	Baking Mixes
Vegetable Oil	Crackers
Canned Fruits	Canned Vegetables
Coffee	Tea
Fresh Garden Produce	Sugar

SHEM always needs gifted, caring Volunteers, prayers & financial support to keep the doors open for our community.

We'd love to have you join the staff at SHEM! An amazing 115,011 hours of volunteer time served at the pantry and meal site during 1/1/2010-12/31/2020!

For more information on how you can help by volunteering time, talents, or to make a donation, please call today at 541-367-6504.

A personal tour can be arranged by making an appointment: 541-367-6504.

Hunger...here in Oregon? In Linn County?? YES!! Did you know that last year...

...1 of every 5 residents in Linn County sought emergency food assistance from an emergency food pantry!

...In an average month in Oregon, an estimated 260,000 people receive food from an emergency food pantry!

...A family's ability to afford food is directly linked to the high cost of housing!

... most adult food box recipients are actively looking for work, working, retired or disabled?

... The food insecurity rate for children in Linn County is nearly 21%! Being food insecure means a family is without access to enough affordable, nutritious food.

...hungry children have more difficulty learning in school and are at higher risk for health problems later in life?



SHEM

Sweet Home

Emergency Ministries



1115 Long Street
Sweet Home, OR
541-367-6504

Email: shemfoodbank@gmail.com

Website: <http://www.shemfoodbank.org>